

Lesson Plan

This Is Probably a Really Weird Question

Season 1, Episode 1: “Are you sexually active?”

Role playing exercise

- Scenario 1:
 - Setting: Primary Care Practice
 - You are meeting with a new cis male patient in his 20s. You know little about his medical history since he has not attended annual visits with a previous PCP for some time. He is at your office for a well visit physical and vaccine booster.
 - What questions do you ask about his sexual health and history? What sort of preventative care do you think is most important for this demographic? What assumptions are you making about his health and history throughout the conversation?
- Scenario 2:
 - Setting: Pediatric Practice
 - You are meeting with a pre-teen transmasculine patient who has arrived at the clinic with his parent. The visit is for his annual physical and to follow up on his experience with hormone blockers. You know that he has experienced some hardships at school and in his community after beginning his transition. His parent is reluctant to leave him alone in the room with you during the visit.
 - What questions do you ask about his sexual health and history? How do you react to his parent’s reluctance to leave the room so that this conversation can take place in private? Is the preventative care that you provide influenced by his puberty blockers? Why or why not?
- Scenario 3:
 - Setting: Primary Care Practice
 - You are meeting with a cis female patient in her 30s whom you know quite well. She has spoken to you about her sexual history previously, but her family and friends view sex as a very taboo topic that should not be discussed frequently. You know that she is not married, but she has had a steady partner for a few years. She is at your office for her yearly physical exam.
 - What questions do you ask about her sexual health and history? How do you ensure that the patient is comfortable and doesn’t feel forced to share about a taboo subject while still acquiring the information you need to recommend preventative care?
- Scenario 4:
 - Setting: Sexual Health Clinic

- You are meeting with a patient from the local community who is at your office for a routine STI screening. They are asymptomatic and are doing this as a preventative measure.
- What questions do you ask about their sexual health and history? What practices do you feel are important or less important to recommend, based on the circumstances of the visit?
- Scenario 5:
 - Setting: University Student Health Center
 - You are meeting with an intersex student in their early 20s who has been questioning their sexuality for a while. They express interest to you in sexual exploration for pleasure with people of various genders and are curious about ways to safely do so.
 - What questions do you ask about their sexual health and history? Do you ask about their sexual preferences to inform your care? Does their gender as intersex influence your questioning at all?